

For immediate release - 3 April 2023

WCBS welcomes all types - donate blood today!

The Western Cape Blood Service (WCBS) is experiencing a blood shortage in the O- blood group, as there is only 3-days blood supply. Other blood groups that are experiencing a shortage are A+, B+ and B- blood groups. WCBS is appealing to all eligible donors and the public to donate blood today.

Typically, blood stock levels in the Western Cape decline during the Easter period as blood donors take a well-deserved break over the public- and school holidays. This year, Ramadan also commenced in March, which adds additional pressure as Muslim donors can't donate blood during the fast.

Blood donation only takes 30 minutes of your time and you can save up to 3 lives with 1 donation. WCBS encourage all blood donors to find their closest blood donation clinic in support of the many patients who need blood during this critical period. "No matter who you are or where you are from, we urge you to donate blood," says Marike Carli, Public Relations Manager at WCBS. If you are between the ages of 16 and 75, weigh 50kg or more, are in good general health, and lead a safe sexual lifestyle, you should be able to donate.

For more information or to find your closest blood donation clinic, please download the WCBS app on Android and iOS, send us a WhatsApp on 060 549 7244 or visit www.wcbs.org.za

Do something remarkable, donate blood.

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